



McKinley
Orthopedic & Sports Medicine

Pre-Operative Checklist

Dr. Timothy Carey, DO

• Testing – If you are over 60 years of age

- CBC
- CMP
- Chest Xray
- EKG within one year
- UA

All of these tests can be completed on a walk-in basis at the imaging center at Fairbanks Memorial Hospital EXCEPT for the CT scan. On a case by case basis Dr. Carey will sometimes require a primary care clearance or a cardiac clearance. Additional instructions will be provided to you if these clearances are necessary.

• Prescriptions

- Make sure that you fill your post-operative prescriptions before your date of surgery and bring them with you to the OR. If you have any problems having your prescriptions filled please contact the office.

• Physical Therapy

- Please be sure to make your first post-operative physical therapy appointment at least two weeks ahead of time to ensure that you are beginning physical therapy when you are supposed to.

• DME

- Make sure you have the required durable medical equipment that you will need after your surgery. For example, if you are having a shoulder surgery you will need an abduction sling.

Remember to contact Fairbanks Memorial Hospital at 907-458-5500 or the Surgery Center of Fairbanks at 907-458-7263 for pre-registration.

If you have any questions please contact Cassy Freeman (Surgical Coordinator) at 907-456-3389.